

DANCE dimensions



DANCE, FITNESS, FUN!

Fun and creative classes for all ages,
toddlers through Teens, plus Adults!

Non-competitive classes with individual attention.

Private lessons, Personal Fitness, Wedding Prep always available.

CHILDREN

Creative Modern Dance
Creative Dance • Tap
Jazz/Hip Hop • Ballet/Pointe
Theater Dance (all ages)
Toddlers TOO! (ages 1-3 yrs)

ADULTS

Inspired Fitness ~ Yoga or Ballet
Stretch & Tone • ZUMBA!
Modern Dance • Ballet
Tap & Jazz
*Ask about Ballroom!

NEW Classes this Fall:



- **Adult Tap**
- **Dance/Music and Tumbling classes for toddlers**
- **80s/90s Dance Jam! (Jazz-inspired fitness)**

Registration at the studio:
Tuesday, Sept. 6, 2016, 4-6 pm.
Or register online, by email or phone.

Classes begin Tuesday, Sept. 6, 2016 at 7 pm

For more information call 781-599-1476, email sallee@dancedimensions.org
or visit www.dancedimensions.org

NAHANT STUDIO, NAHANT COMMUNITY CENTER, 41 VALLEY RD, NAHANT, MA